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an illustrated journal is basically a diary where you can record anything at all from your life instead of just writing the predominant content is drawn although many people supplement their drawings with notes annotations or even some fancy lettering what is an illustrated journal an illustrated journal is similar to a regular journal or diary it can be used to record your daily life hopes ambitions or even random thought however an illustrated journal is centered around sketches drawings illustrations and paintings rather than text keeping an art journal will give many of the learn all about keeping an illustrated journal of your life from hollie rose her sketchbooks are gorgeous and of course she teaches at sketchbook skool try a 2 week free trial of spark at an illustrated life journal is the same as a regular journal or diary except that you draw your life experiences instead of writing them down many people like to complement these drawings with texts such as titles or notes in fancy lettering how i began my illustrated journal dive into a captivating tale of creativity and self expression in this video where i share my 25 year journey with illustrated journaling discover fun ways to fill your sketchbook through illustrated journaling kate shares her favorite prompts and ideas to begin the mindful practice of documenting your daily life and finding new ways to express your creative ideas here s great new year s resolution start documenting your days in an illustrated journal a sketchbook filled with words and drawings and watercolors that capture the world around you there re so many reasons why here are the first ten we thought of 1 it ll get you drawing illustrated journaling or illoging as i like to call it is something anyone can benefit from i ll show you my full process and how to make it work for you what you ll get from this class my recommended digital and analog tools how i turn my week into an illustrated journal entry planning different types of layouts with lots of examples an illustrated journal is somewhere between a diary and a scrapbook drawings ticket stubs lists maps postcards and photos combine with handwritten lists notes and stories and the end result is a whimsical field guide to your days learn the art of the illustrated journal with brenda swenson in this video course award winning watercolorist brenda swenson will teach you to discover inspiration awaken your senses and tell your stories through illustrated journaling in this skillshare class we ll be taking a mindful approach to working together through 14 days of illustrated journal prompts to promote calm and pressure free creativity the supplies are basic markers and pens or whatever coloring tool you have lying around and time set aside each day to support our mental health as well as refill our today s video is full of ideas and tips for keeping your illustrated journal even when you are just staying at home your everyday life my smile diary an illustrated journal with prompts diary october 8 2019 this sweet tart prompted diary with a smile charm is a must have for the passionate fans who feel that raina telgemeier s multi million selling graphic novels and memoirs speak directly to the challenges they face the best guided journals offer you simple prompts to self reflect get your creative juices flowing and plan and practice gratitude an illustrated journey captures the world through the eyes of 40 talented artists illustrators and designers you ll experience the wonder of seeing familiar sights through a fresh lens but more important you ll be inspired to set pen to paper and capture your own

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